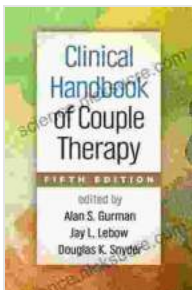


Clinical Handbook of Couple Therapy: A Comprehensive Guide to the Theory, Practice, and Research (Fifth Edition) Enhanced Edition

The Clinical Handbook of Couple Therapy is a comprehensive guide to the theory, practice, and research on couple therapy. It is written by a team of experts in the field and is designed to be a practical guide for clinicians who work with couples. The book covers a wide range of topics, including the assessment of couple relationships, the treatment of relationship problems, and the prevention of relationship distress. It also includes a detailed discussion of the evidence base for couple therapy.

Theory

The Clinical Handbook of Couple Therapy begins with a discussion of the theory of couple therapy. The authors present a variety of theoretical perspectives on couple relationships, including psychodynamic, cognitive-behavioral, and systemic perspectives. They also discuss the research that supports these perspectives.



Clinical Handbook of Couple Therapy, Fifth Edition

by Alan S. Gurman

★★★★☆ 4.7 out of 5

Language : English

File size : 4482 KB

Text-to-Speech : Enabled

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 753 pages

Screen Reader : Supported



Practice

The second section of the book focuses on the practice of couple therapy. The authors provide a step-by-step guide to the assessment and treatment of couple relationships. They also discuss the different types of couple therapy interventions, such as communication training, conflict resolution, and emotion-focused therapy.

Research

The third section of the book reviews the research on couple therapy. The authors discuss the evidence for the effectiveness of couple therapy, as well as the factors that contribute to successful outcomes. They also discuss the challenges and limitations of couple therapy research.

The Clinical Handbook of Couple Therapy is a comprehensive and up-to-date guide to the theory, practice, and research on couple therapy. It is an essential resource for clinicians who work with couples.

Additional Information

The Clinical Handbook of Couple Therapy is available in both print and electronic formats. The electronic format includes access to a variety of online resources, such as videos, podcasts, and downloadable worksheets.

The book is also available in a Spanish-language edition.

Reviews

"This is an excellent book that provides a comprehensive overview of the theory, practice, and research on couple therapy. It is well-written and well-organized, and it is packed with useful information. I highly recommend this book to clinicians who work with couples." - Dr. John Gottman, author of *The Seven Principles for Making Marriage Work*

"This book is a valuable resource for clinicians who work with couples. It provides a comprehensive overview of the field, and it is written in a clear and engaging style. I highly recommend this book to both experienced and novice clinicians." - Dr. Susan Johnson, author of *Hold Me Tight*

About the Authors

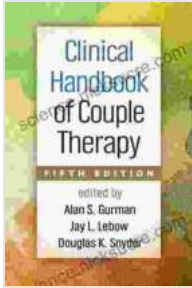
The *Clinical Handbook of Couple Therapy* is written by a team of experts in the field of couple therapy. The authors have a combined experience of over 100 years in the field, and they have published over 500 articles and books on couple therapy.

The authors include:

* Dr. John Gottman, author of *The Seven Principles for Making Marriage Work* * Dr. Susan Johnson, author of *Hold Me Tight* * Dr. Leslie Greenberg, author of *Emotion-Focused Therapy for Couples* * Dr. Neil Jacobson, author of *The Couples Therapy Workbook* * Dr. Andrew Christensen, author of *The PREPARE/ENRICH Couple Assessment*

Related Resources

* The American Association for Marriage and Family Therapy * The International Centre for Excellence in Emotionally Focused Therapy * The Gottman Institute



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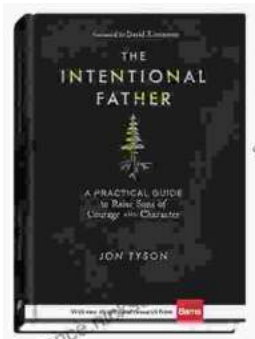
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