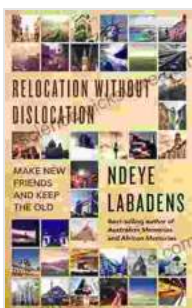


Make New Friends and Keep the Old: Travels and Adventures of Ndeye Labadens

Ndeye Labadens is a Senegalese-American travel writer, photographer, and speaker. She is the founder of the blog, "The Adventurous Muslim," where she shares her experiences traveling the world while being a Muslim woman. Ndeye has been featured in numerous publications, including The New York Times, The Washington Post, and CNN. She has also given talks at TEDx and the World Travel Market.

In her book, "Make New Friends and Keep the Old: Travels and Adventures of Ndeye Labadens," Ndeye shares her stories of traveling to over 50 countries. She writes about the people she has met, the cultures she has experienced, and the lessons she has learned along the way.

Ndeye's book is a celebration of diversity and a reminder that we are all connected. She writes about the importance of making new friends and keeping the old, and how travel can help us to do both.



Relocation Without Dislocation: Make New Friends And keep the Old (Travels and Adventures of Ndeye

Labadens Book 2) by Ndeye Labadens

★★★★☆ 4.6 out of 5

Language : English
File size : 7218 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 132 pages



Ndeye's Travel Philosophy

Ndeye believes that travel is one of the best ways to learn about the world and about ourselves. She says, "When we travel, we step outside of our comfort zones and we are forced to confront our own biases and assumptions. We learn about different cultures and different ways of life, and we come to appreciate the diversity of our world."

Ndeye also believes that travel is a great way to make new friends. She says, "When you travel, you meet people from all walks of life. You learn about their cultures, their beliefs, and their experiences. And you come to realize that we are all more alike than we are different."

Ndeye's travel philosophy is simple: be open-minded, be respectful, and be willing to learn. She says, "If you approach travel with a positive attitude, you will have an amazing experience."

Ndeye's Travel Adventures

Ndeye has traveled to over 50 countries on six continents. She has climbed mountains, trekked through jungles, and sailed across oceans. She has met people from all walks of life, and she has learned about different cultures and different ways of life.

In her book, Ndeye shares some of her most memorable travel experiences. She writes about climbing Mount Kilimanjaro, trekking through the Amazon rainforest, and sailing across the Atlantic Ocean. She also

writes about meeting people from different cultures, and learning about their beliefs and experiences.

Ndeye's travel adventures are inspiring and motivating. They show us that anything is possible if we set our minds to it. They also remind us that we are all connected, and that we should all strive to live in peace and harmony.

Ndeye's Lessons for Travelers

Ndeye has learned a lot from her travels. She has learned about different cultures, different ways of life, and different perspectives. She has also learned a lot about herself.

In her book, Ndeye shares some of the lessons she has learned from her travels. She writes about the importance of being open-minded, respectful, and willing to learn. She also writes about the importance of making new friends and keeping the old.

Ndeye's lessons for travelers are invaluable. They can help us to have more meaningful travel experiences, and they can help us to become better global citizens.

Ndeye Labadens is a true adventurer. She has traveled to over 50 countries, and she has learned a lot about the world and about herself along the way. In her book, "Make New Friends and Keep the Old: Travels

and Adventures of Ndeye Labadens," Ndeye shares her stories of travel and adventure, and she offers her lessons for travelers.

Ndeye's book is a celebration of diversity and a reminder that we are all connected. It is a must-read for anyone who loves to travel, or for anyone who wants to learn more about the world.

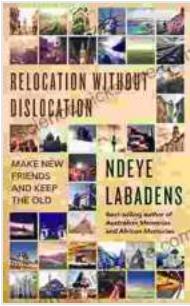
Here are some tips for making new friends and keeping the old while traveling:

- **Be open-minded and respectful.** When you travel, you will meet people from all walks of life. Be open to learning about their cultures and beliefs, and be respectful of their differences.
- **Be willing to step outside of your comfort zone.** Sometimes, the best way to make new friends is to step outside of your comfort zone. Try new things, and meet new people. You never know who you might meet, or what you might learn.
- **Be genuine.** People can tell when you are being fake. Be yourself, and let your personality shine through. People will be more likely to want to be your friend if they see the real you.
- **Stay in touch.** Once you have made new friends while traveling, make an effort to stay in touch. Send them emails, text messages, or postcards. Let them know that you are thinking of them, and that you would like to stay connected.

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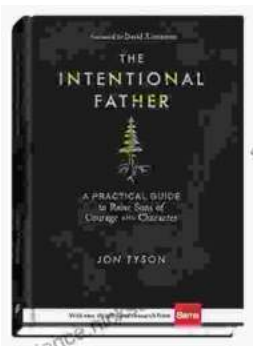


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