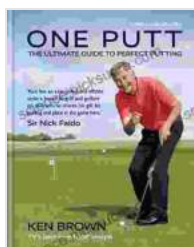


# One Putt: The Ultimate Guide to Perfect Putting

Putting is one of the most important aspects of golf. It can make or break your round, and it can be the difference between winning and losing a tournament. If you want to improve your putting, then you need to read this guide. We'll cover everything you need to know about putting, from the basics to the advanced techniques.



## One Putt: The ultimate guide to perfect putting

by Robert A. Sadowski

★★★★☆ 4.6 out of 5

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Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting: Enabled

Word Wise : Enabled

Print length : 298 pages



## The Basics of Putting

Before we get into the advanced techniques, let's start with the basics of putting. The first thing you need to do is find a good putting grip. There are many different ways to grip the putter, but the most important thing is to find a grip that is comfortable and consistent. Once you have a good grip, you need to learn how to set up to the putt. This means standing over the ball with your feet shoulder-width apart, your knees slightly bent, and your back

straight. Your head should be directly over the ball, and your eyes should be focused on the hole.

Once you are set up to the putt, you need to take a practice stroke. This will help you to get a feel for the speed and direction of the putt. When you are ready to hit the putt, take a deep breath and focus on the hole. Swing the putter smoothly and follow through with your stroke. The ball should roll smoothly towards the hole and drop in.

## **Advanced Putting Techniques**

Once you have mastered the basics of putting, you can start to learn some advanced techniques. These techniques can help you to improve your accuracy and distance control.

- **Lag putting** is a technique used to make long putts. When lag putting, you are not trying to make the putt in one stroke. Instead, you are trying to hit the ball close to the hole so that you can make the putt in two strokes.
- **Draw putting** is a technique used to make the ball curve towards the hole. This technique can be used to avoid obstacles or to make the ball land on a specific spot on the green.
- **Fade putting** is a technique used to make the ball curve away from the hole. This technique can be used to avoid obstacles or to make the ball land on a specific spot on the green.

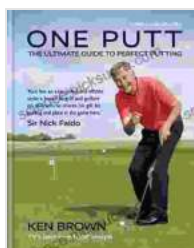
## **Putting Drills**

The best way to improve your putting is to practice. There are many different putting drills that you can use to improve your accuracy and

distance control. Here are a few of the most popular putting drills:

- **The gate drill** is a drill that helps you to improve your accuracy. To do this drill, you need to set up two gates made of tees or sticks. The gates should be about 6 inches wide and about 12 inches apart. Place the ball in the middle of the gates and try to putt the ball through the gates without hitting the sides.
- **The distance control drill** is a drill that helps you to improve your distance control. To do this drill, you need to set up a target about 10 feet away from the hole. Place the ball on the putting green and try to putt the ball to the target. Keep track of how many putts it takes you to reach the target.
- **The putting clock drill** is a drill that helps you to improve your consistency. To do this drill, you need to draw a circle around the hole. Divide the circle into 12 equal sections. Place the ball on the putting green and try to putt the ball into each section of the circle.

Putting is a skill that takes time and practice to master. However, if you are willing to put in the time, you can improve your putting and lower your scores. By following the tips and drills in this guide, you can learn how to putt like a pro.



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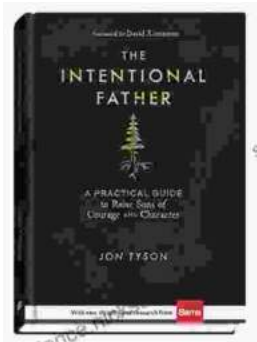
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