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When a spirit resides in a vessel, it is said to be "incarnated." This means that the spirit has a physical presence in the world and can interact with it more directly. The spirit may use the vessel to communicate with its keeper, or it may simply use the vessel as a place to rest and recharge.

## **The Benefits of Spirit Keeping**

There are many benefits to spirit keeping, including:

- Improved communication with the spirit world
- Increased spiritual protection
- Enhanced personal growth and development
- Greater sense of purpose and meaning in life

## **How to Create a Spirit Vessel**

Creating a spirit vessel is a relatively simple process. The first step is to choose an object that you feel a connection to. This could be a stone, crystal, piece of jewelry, or anything else that you find meaningful.

Once you have chosen an object, you need to cleanse and consecrate it. This can be done by smudging it with sage, washing it in salt water, or simply holding it in your hands and visualizing it being filled with light.

Once the vessel has been cleansed and consecrated, you can invite the spirit to reside in it. This can be done through a simple ritual or ceremony. You may want to light a candle, burn incense, or simply speak to the spirit and ask it to come.

## **Working with a Spirit Vessel**

Once you have created a spirit vessel, you will need to work with it regularly to maintain the connection between you and the spirit. This can be done through meditation, prayer, or simply by spending time in the presence of the vessel.

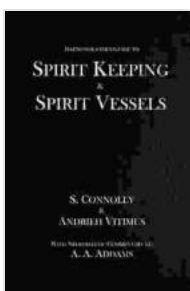
As you work with the spirit vessel, you will likely begin to develop a relationship with the spirit. You may find that the spirit communicates with you through dreams, visions, or other means. The spirit may also help you to grow and develop in your spiritual journey.

Spirit keeping is a powerful and rewarding practice that can help you to connect with the spirit world and grow in your spiritual journey. If you are interested in learning more about spirit vessels and how to create one, there are many resources available online and in libraries.

### **Additional Information**

Here are some additional tips for spirit keeping:

- It is important to be respectful of the spirit and to treat it with care.
- Do not use the spirit vessel for personal gain or to harm others.
- If you are ever feeling uncomfortable or threatened by the spirit, you should remove it from your home.
- Spirit keeping is a journey, not a destination. It takes time and effort to develop a relationship with a spirit.
- Be patient and open-minded, and trust that the spirit will guide you on your journey.



## Spirit Keeping & Spirit Vessels (The Daemonolater's Guide Book 5) by S. Connolly

★★★★☆ 4.3 out of 5

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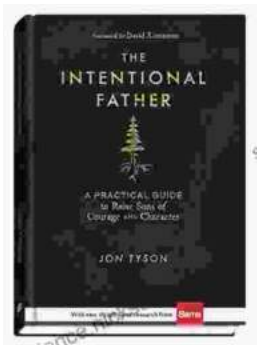
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